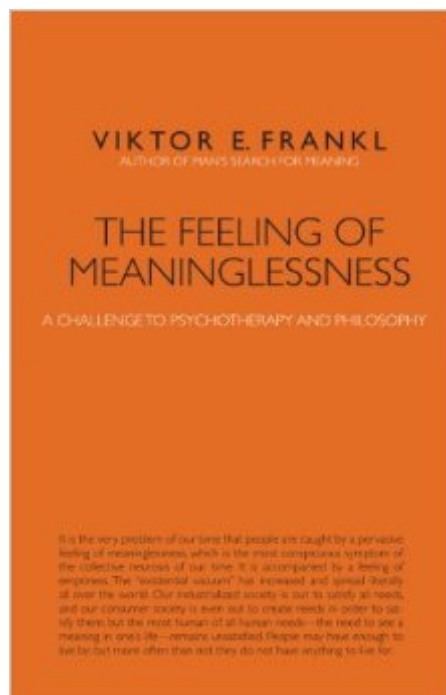


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# The Feeling Of Meaninglessness. A Challenge To Psychotherapy And Philosophy (Marquette Studies In Philosophy)



## Synopsis

In *The Feeling of Meaninglessness*, Viktor Frankl, the founder of logotherapy, a psychotherapeutic method which focus on a will to meaning as the driving force of human life, takes a look at how the modern condition affects the human search for meaning. In this series of articles and essays, he discusses how many people suffer from pervasive feelings of meaninglessness in their lives, despite the great material comforts of industrial society. He attributes this sense of meaninglessness to a neglect of our existential needs and offers practical insights and guidelines for how to overcome this meaninglessness and regain mental health through engagement with our existential needs and selves.

## Book Information

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## Customer Reviews

Frankl offeres insightful perspective on the way we humans strive to survive, as well as what lack tends to drain all will to survive and hence consider life worthless. No fluff here, this book will force you to think and grapple with meaning.

quick delivery of product. Like all Frankl's work deep and meaningful. Great combination of psychology and philosophy and any and everyone would benefit from reading.

I'm saddened by the fact that I didn't know about Viktor Frankl's books sooner. He is/was a brilliant

soul.

A must for every Frankl fan!

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